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## **A BABY AT LAST!:** *The Couples' Complete Guide to Getting Pregnant—from Cutting-Edge Treatments to Commonsense Wisdom*

by  
**ZEV ROSENWAKS, M.D., MARC GOLDSTEIN, M.D.**  
and Mark L. Fuerst

"A very solution-oriented book by two doctors from NewYork-Presbyterian Hospital/Weill Cornell Medical Center in New York City. The two top docs ... devote more than half of their book to explanations of treatments both low- and high-tech." —*Conceive Magazine*

There are few things more devastating than being told that you will never be able to have children—and one in six couples hear that same bad news. However, due to new medical advances, hope is not lost. In **A BABY AT LAST!: *The Couples' Complete Guide to Getting Pregnant—from Cutting-Edge Treatments to Commonsense Wisdom*** (Fireside Books/A Simon & Schuster Paperback; June 15, 2010; \$15.99; 978-1-4391-4962-1), Dr. Zev Rosenwaks and Dr. Marc Goldstein, two doctors at NewYork-Presbyterian Hospital/Weill Cornell Medical Center (where many of the latest fertility techniques were first developed) draw from years of experience to provide guidance and advice to couples who want a child to love.

**A FIRESIDE TRADE PAPERBACK**  
Marcia Burch, Vice President and Director of Publicity  
A Division of Simon & Schuster  
1230 Avenue of the Americas • New York, NY 10020  
[www.simonandschuster.com](http://www.simonandschuster.com)

Dr. Zev Rosenwaks and Dr. Marc Goldstein are among the leading fertility doctors working today and have helped countless couples conceive a child by taking a balanced, team approach that addresses both male and female fertility treatments equally. Now, along with writer Mark Fuerst, they share their pioneering programs with couples looking for a solution to their fertility problems. **A BABY AT LAST!** provides stories from real couples and explains in detail:

- The most up-to-date therapies (many of them devised and perfected by NewYork-Presbyterian/Weill Cornell doctors)
- When is the right time to seek help
- How to find the right doctors and ask the right questions
- What tests are worth having done (for him and for her) and why
- What causes male and female infertility and how to treat it
- What your advanced technology options are and if they are right for you
- Third-party reproduction and alternative treatments
- How cancer can affect the process of becoming pregnant

In addition, the doctors explain the emotional responses to infertility and how to prepare yourself and your partner for what can be an emotional rollercoaster. The authors provide everything a couple needs to know to bring home **A BABY AT LAST!**

#### **About the Authors:**

**ZEV ROSENWAKS, M.D.**, is the Director of The Ronald O. Perelman and Claudia Cohen Center for Reproductive Medicine and Infertility and the Revlon Distinguished Professor of Reproductive Medicine in Obstetrics and Gynecology at NewYork-Presbyterian Hospital/Weill Cornell Medical Center. He is a world-renowned authority on reproductive endocrinology who has pioneered many of the protocols used in fertility treatments today.

**MARC GOLDSTEIN, M.D.**, is the Director of The Center for Male Reproductive Medicine and Microsurgery and the Hardy Distinguished Professor of Reproductive Medicine and Urology at NewYork-Presbyterian Hospital/Weill Cornell Medical Center. He is Senior Scientist with the Population Council's Center for Biomedical Research. Recently, he received an honorary Doctor of Science from the State University of New York, Downstate Medical Center. He is a world renowned authority in male infertility and microsurgery and pioneered microsurgical repair of varicocele and obstruction.

**Mark L. Fuerst** is a health and medical writer and the co-author of nine books, including the three editions of *The Couple's Guide to Fertility*. His articles on fertility have appeared in *Good Housekeeping*, *Woman's World*, *Baby Talk*, and the United Features newspaper syndicate. He has earned a biology degree from Dickinson College and a master's degree in journalism from the University of Missouri at Columbia.

***A BABY AT LAST!: The Couples' Complete Guide to Getting Pregnant—from Cutting-Edge Treatments to Commonsense Wisdom***

**By Zev Rosenwaks, M.D., Marc Goldstein, M.D., and Mark L. Fuerst**

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For more information on **A BABY AT LAST!** please visit: [www.simonandschuster.com](http://www.simonandschuster.com).